



Professional Training by Qualified Instructors with a recognised body

BASIC FIRST AID

Course objectives:

Participants will learn to perform the following skills with an emphasis on safety:

1. Responsibilities of a First Aider, assessment and initial reaction.
2. Diagnosis and principles of treatment.
3. Patient approach
4. Examination of casualty
5. Electric shock and burns.
6. Wounds and bleeding.
7. Control of bleeding.
8. Sprains, strains and dislocation.
9. Crush injuries.

Duration: 2 or 3 days **Location:** Client or Coillte premises **Ideal Number of participants:** 6-8



For further information contact:
Eugene Doyle, Team Manager
Mobile: 086 811 7986
Mountrath Training Centre
Tel: 057 875 6454.

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